

# HOW TO BE SAFE IF THERE IS A FIRE

If a fire starts in your home, you need to get out as quickly and as calmly as possible. Smoke alarms and a Home Fire Escape Plan increase your chances of getting out of your home safely.

## Have a Home Fire Escape Plan

Together with your parent/carer:

1. Test the smoke alarms in your home to check they are working.
2. Discuss:
  - What will we do if there is a fire?
  - Where's the safest place for everyone to meet outside?  
The letterbox is a common meeting place.
3. Stand in your bedroom and discuss:
  - How will I get out of this room if there is a fire?
  - Can I get out of the doors easily?
  - Can I get out of the windows easily?
4. Practise crawling from your bedroom to your meeting place two or three times, each time using a different way out.
5. Choose another room (or rooms) and repeat the activity.
6. Make sure everyone in your home knows what to do if there is a fire.

## BE PREPARED

Have a Home Fire Escape Plan and practise it at least twice a year.



## WHEN THERE IS A FIRE:

- Crawl low under smoke.
- Get out and stay out. Do not go back for anything.
- Go to your safe meeting place and stay there.
  - Call 000 (triple zero).
- Wait for firefighters to arrive.

**1. DRAW A MAP OF YOUR HOME, SHOWING EXITS AND YOUR MEETING PLACE.**

**2. DRAW YOUR BEDROOM. LABEL ONE OR TWO WAYS YOU COULD EXIT YOUR ROOM IF THERE WAS A FIRE.**

**3. COMPLETE THIS CHECKLIST: TICK EACH CHECK BOX, IF IT IS TRUE:**

- We have tested our smoke alarms and they are working.

Our agreed meeting place is:

- The letterbox.
- \_\_\_\_\_

If there is a fire:

- I know how to get out my bedroom.
- I know how to get out of these rooms:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

- We have a Home Fire Escape Plan.
- We have practised our plan.

\_\_\_\_\_  
Parent Signature

